

Bring this 2019 Club Pass in to
One on One Personal Fitness
in Calgary to receive your

60 MINUTE FREE CONSULTATION

DETAILS

Have you ever thought about doing a fitness competition? Or, do you feel stuck with your training? Do you ever wonder about where you could take your physique? This 60 minute free consultation gives you a chance to pick the brain of former INBA Canadian head judge Sandra Bueckert. Sandra has been personal training for 29 years and is an award winning bodybuilder. Valued at \$100.

IMPACT
MAGAZINE

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Personal Fitness Instruction Inc.
• Personal Training • Nutritional Consulting